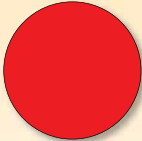


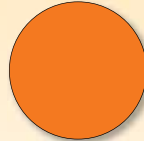


Concepts

red
circle



orange
circle



Opposites: on/off

Look at Me!

friends
washing
hands

Buttons and Buckles

jacket
shoes

Big and Little

fire truck
dinosaurs

Let's Pretend

pretending
mask



Together Time Activities

Here are some fun activities you and your child can enjoy together!

• Picking Up Toys

Picking up toys is not only helpful, it can be a learning experience. For example, when children put toys into containers by type, they are practicing sorting in a meaningful way. It's easier for children to learn to pick up when you work alongside them and make specific suggestions for what to do.

• Getting Dressed

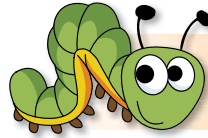
When your child begins to show interest in dressing skills, try letting her do the last step. For example, start pulling off her sock, then let her finish. That way, she feels success. Next time, she can do a bit more.

• Big and Little Steps

Take great big dinosaur steps and then little baby dinosaur steps together.

• A Box Can Be . . .

Offer a box for play. Your child will find many fun ways to play with it!



Look for Books

Little Tiger Picks Up

by Michael Dahl

Red Boots

by Rosemary Wells

Dinosaurs, Dinosaurs

by Byron Barton

Big Little

by Leslie Patricelli

Mr. Brown Can Moo, Can You?

by Dr. Seuss

Maisy's Fire Engine

by Lucy Cousins



Nursery Rhymes

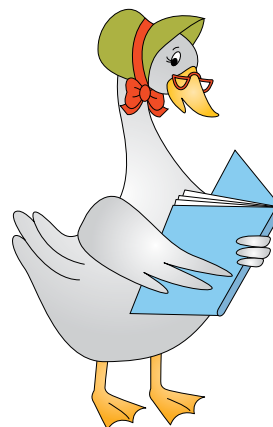
Nursery rhymes teach children auditory skills and help them develop an appreciation for rhyme and rhythm. Nursery rhymes also help children develop language, memory, creativity, and other cognitive skills.

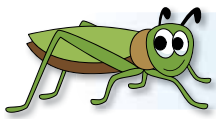
One, Two, Buckle My Shoe

One, two, buckle my shoe;
Three, four, shut the door;
Five, six, pick up sticks;
Seven, eight, lay them straight;
Nine, ten, a big fat hen.

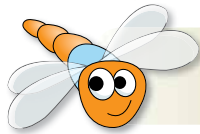
Bat, Bat

Bat, bat,
Come under my hat,
And I'll give you a slice of
bacon;
And when I bake
I'll give you a cake
If I am not mistaken.





Sign Language



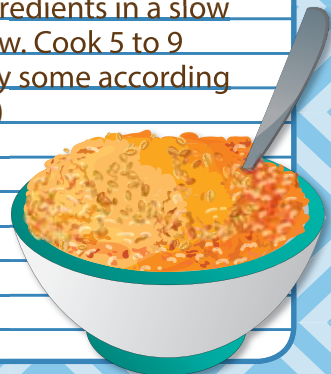
Cooking Together

When cooking with infants and toddlers, allow them to help in a safe way with mixing, pouring, rolling, mashing, shaking, etc. Use words to describe what you are doing and what you plan to do next. Talk about what you see, smell, feel, hear, and taste.

Pumpkin Slow Cooker Oatmeal

- 2 cups water
- 2½ cups milk (can use almond milk)
- 1 cup steel-cut oats
- 1 cup pumpkin pureé
- 1 teaspoon pumpkin pie spice

Breakfast is important, but it can be hard to manage in the morning! With this recipe, you can wake up to a warm, healthy breakfast. The night before serving, place all ingredients in a slow cooker and set on low. Cook 5 to 9 hours. (Time will vary some according to your slow cooker.) Serve warm as is or top with butter and maple syrup or molasses.



Sing Along with Me!

Find these songs on our 2016–2017 Music and Movement CD available at funshineexpress.com.



My Fastener

Sung to “Ring Around the Rosie”

I have a (button),
A (button), a (button).
I have a (button),
On my shirt.

Repeat with
a zipper . . . coat
a snap . . . pants
some Velcro . . . shoes



T-Rex Tromp

Sung to “This Old Man”

This T-rex, this T-rex, he goes tromping all around,
With a stomp and a tromp and a (clap, clap, clap),
This T-rex is tromping on!

This T-rex, this T-rex, he goes roaring all around,
With a snarl and a growl and a great big (Rroarr!),
This T-rex is roaring now!

Reminders...

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